

The Quantum Energy Ring E-Book

*Creating Positive Energy for You,
Your Family and Your Home*



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INTRODUCTION TO ENERGY RINGS

Energy Rings are an important aspect of creating more energy for you, your family and your home.

Each ring is individually handcrafted and activated to create a connection to a high vibrational field of energy wherever they are placed. The energy field they connect to helps raise the vibration of an area or room and they have a variety of uses.

The sizes of the rings are created based on ancient Egyptian knowledge of cubit measurement. This measurement, when used in the design of the ring, gives it the unique ability to hold and connect with a high vibrational energy field.

Along with the specific measurement of the 4 sizes of rings, they are also made with 100% copper, an element that anchors the activation of the ring.

Use these rings to create uplifting energy wherever you need it. There are many uses for these rings and presented here are some of the ways we have found them to be effective. We encourage you to use your imagination and create your own uses for these rings.

There are 4 types of Energy Rings: Quantum, Ascension, Descension and Cosmic.

Each ring creates an aura field that extends beyond the physical ring. The larger the ring, the larger the aura field will be.

Please check out the FAQs at the end of the E-Book. If you have any questions that are not answered, please let us know by emailing to Annette@MarieDiamond.com and we will be happy to answer them for you.

If you find a use for one of the rings that is not listed here, please email Annette@annetterugolo.com and she will be happy to share your idea with others.

Thank you for your interest in Energy Rings!

Marie Diamond and Annette Rugolo

HISTORY AND CREATION OF ENERGY RINGS

Marie Diamond has created 3 unique and powerful systems to help individuals transform the energy in themselves and their homes and offices: Diamond Feng Shui, Diamond Dowsing and Inner Diamond.

By connecting with the 24 aspects of the Quantum Field through her systems, millions of people have already transformed their lives.

An easy way to begin connecting with the 24 aspects is with the Quantum Energy Ring. Each Quantum Energy ring connects the user or the space with these 24 aspects or light frequencies. Within these 24 frequencies, there are 12 masculine and 12 feminine frequencies, which assist in creating balance and wholeness.

Each type of energy ring is activated with specific frequencies of light that create its own unique connection and alignment with universal energies. The strength of the ring can be determined by measuring the energy level of the ring.

For instance, the energy reading of the Quantum Ring measures is energy level +72. The energy level of the Ascension Ring measures +180. The Energy level of the Cosmic Ring measures +1000. The best way to determine which Energy Ring is right for you at this moment, is through muscle testing. If you need help with how to muscle test, please see the chapter on Muscle Testing or connecting with a local distributor or Diamond Dowsing consultant or teacher, who can check out with dowsing your energy level.

For more information on Marie Diamond's Energy Systems, visit www.MarieDiamond.com

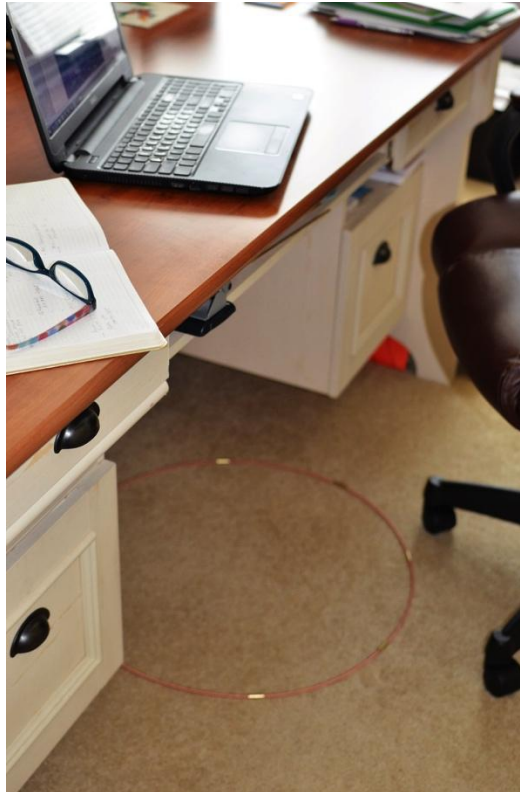
1. Large Quantum Energy Ring



Diameter: 23 inch / 58.42 cm

Uses for the Large Quantum Energy Ring

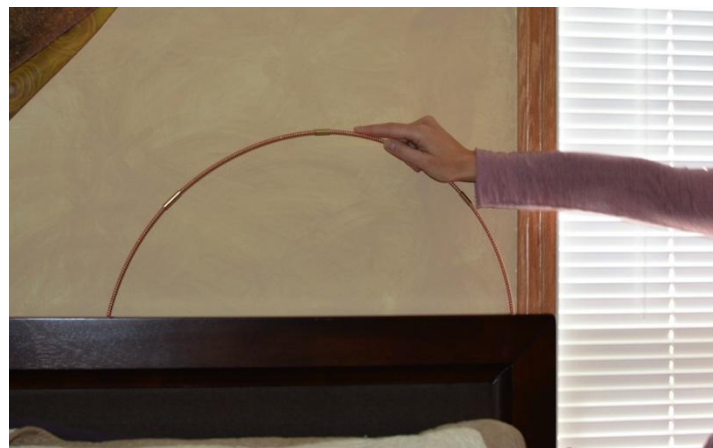
- 1. Protection from the Negative field of your computer** - Placing on the floor between you and your computer to create a field of protection from the electromagnetic energy emitted from your computer.



- 2. Protection of your Food** - Place your groceries inside of a large ring to energize your food before putting them away. Keep the food inside of the ring for approximately 10 minutes.



3. Protection in your Bedroom - Children and Adults love the energy of these rings and will love sleeping with one under their bed or behind their headboard.



4. Energize for Prayer and meditation - It is great for meditation and prayer. You can stay longer focused and reach higher levels of energy and experiences.



5. Energy for your Office - Place under your office chair to stay alert and energized



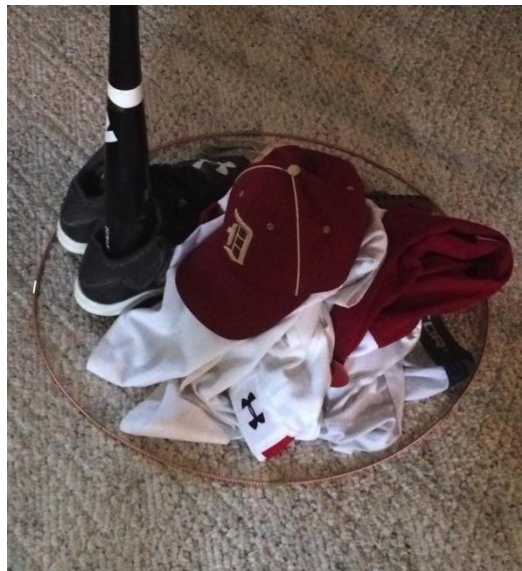
6. Energize your Animals - Provides great energetic support for your animals



7. Energize your Healing Practice - Place under a treatment table to assist you in your work. Your clients will feel a deeper healing experience.



8. Energize the clothes of your children - When you feel the energy of a place is affecting you or your child, place the clothes in the ring overnight. The clothes will be 'activated' for the day and the energy of the ring will stay with the wearer for the day.



Other Uses for the Large Quantum Energy Ring:

- Step inside of a ring and move the ring up and down over your head three times to clear out yours or someone else's energy field.
- Dense energy collects in the corners of rooms. Use the ring as a wand to 'sweep' the corners of a room. Hold horizontally with both hands and sweep the corners of a room.
- Place the ring in an area of your house that feels heavy or dark to help uplift the energy.
- Have a ring under the chair as your child is studying or doing homework.

2. Medium Quantum Energy Ring



Diameter: 13 inches/33 cm

Uses for the Medium Quantum Energy Ring

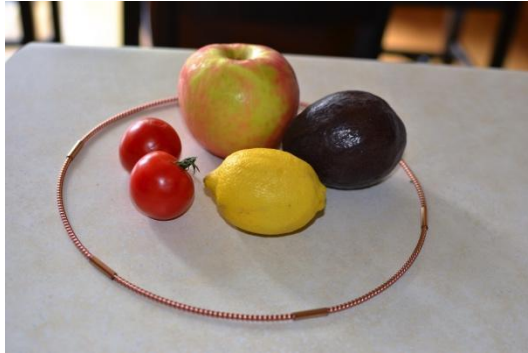
- 1. Energizing your Plants** - Place one or more plants inside a ring to help ailing plants or to keep them healthy.



- 2. Energizing your Water** - Energize your water or water cooler and protect it from the influence of negative electric influence.



3. Energizing your Food - Energize your food and it remains fresh longer and keeps the taste longer.



4. Energizing the food of your Pet's - Stimulate the Health of your pets by energizing their food especially when you see them eat or drink not enough. Especially when they are sick and need healing through their water and food.



5. Energize your Front Door - Decorate as a wreath, place on front door and bring in positive energy into your home or office



6. Energize your Body - Wear the energy ring to stay connected to the quantum field



7. Energize yourself while you Travel - Place one under your car seat to stay more alert while driving



8. Energize your vitamins and supplements - Place your vitamins and supplements inside of the ring to energize them



9. Energize the stuffed Animal of your Child - Place your child's favorite stuffed animal in the ring during the day and give it to them to sleep with. Many moms are finding that their children sleep better. Especially helpful if your child is sleeping away from home for a night.



10. Energize your Water Fountain - Energize your water fountain



11. Energize someone from a distance - Create positive energy for a loved one.



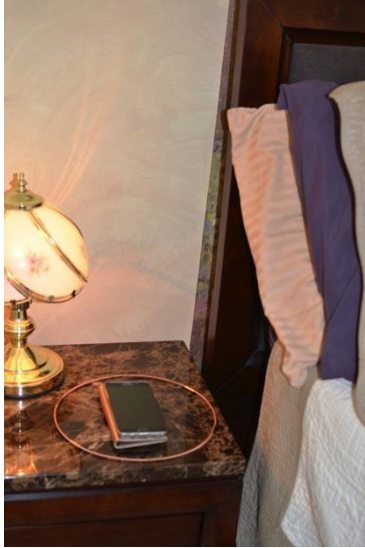
12. Energize your Healing products before therapy - Energize your healing products



13. Energize your Candles - Energize cards, candles and gifts before giving



14. Protection for your Cell phone - Create a protective field from cell phones or electronics next to your bed



15. Protection from your Wireless Router - Create a protective field from your wireless router



16. Energize Your Flowers - Energize your live plants and flowers to keep them healthier longer



Other uses for the Small and Medium Quantum Energy Rings:

- Depending on the size of your pet, place a ring under your pet's sleeping area. Dogs especially love the energy of these rings. If you're boarding your dog in a kennel, make sure their energy ring goes with them. One owner placed it inside of her dog's bed.
- Use the ring as a 'Law of Attraction' ring. Find out your Success Direction based on your birthday (download the Marie Diamond App) and place the ring in your Success Direction. Place your intentions, goals or vision board inside of the ring.
- Sitting on a ring when flying will help with jet lag or for those sensitive to the recycled air of an airplane
- Use a small or medium ring when attending meetings or seminars. Place the ring inside a pillow or cushion to camouflage the ring

3. Small Quantum Energy Ring



Diameter: 10 inches/25.4 cm

How to Use

The Small and Medium Rings are interchangeable for their uses. Because they are both portable and easy to carry with you, it depends on your own preference as to which one you will want to use.

Uses for the Small Quantum Energy Ring

- 1. Energize your Drink - You clear the water molecules of negative interferences.**



The taste of your wine is better and smoother after 5 minutes

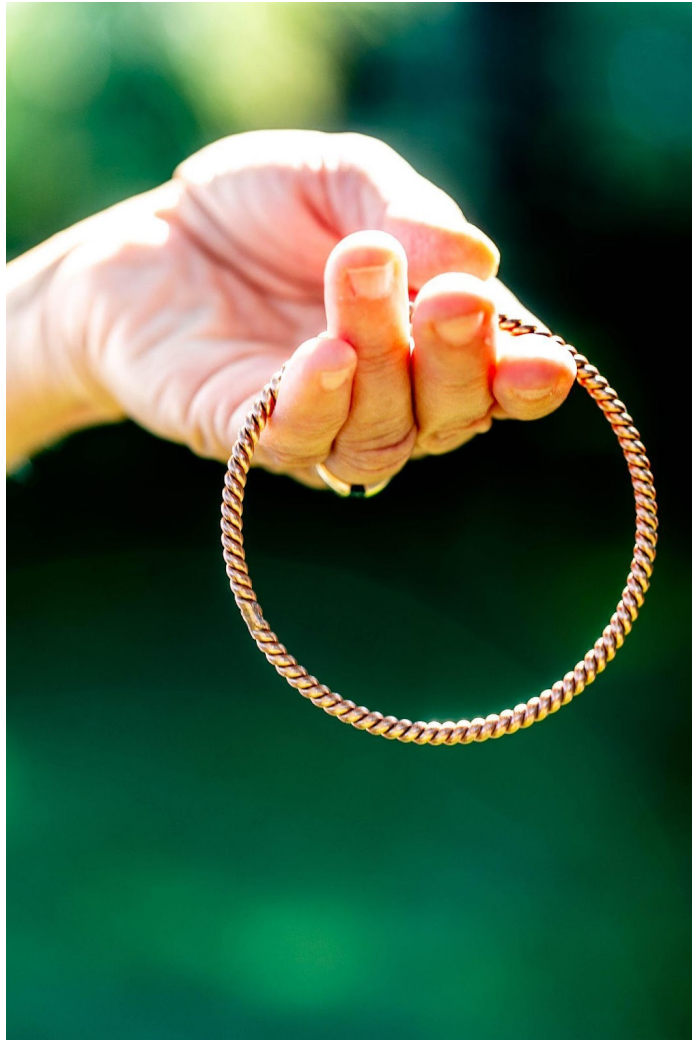
2. Energize your Crystals - Enhance the essence of Your Crystals



3. Protect yourself from EMF of your Cell phones - Protect yourself from EMF frequencies of a cell while working or sleeping



4. Quantum Arm Ring



Diameter: 4 inches/10.16 cm

Uses for the Quantum Arm Ring

Energize your arms - Wear an arm to energize your arm. Great for people who work with their arms and hands. Helps people who do computer work, handiwork, energy work.



Energy Ring Practitioner Program

Learn how to use and increase your energy with these powerful energy rings! Learn more about the various types of Energy Rings; including the Quantum, Ascension, Descension, and Cosmic and their various uses in this online course. Taught by Marie Diamond and Annette Rugolo. Click the link below to purchase the Energy Ring Practitioner Program.

[Energy Ring Practitioner Program](https://www.AnnetteRugolo.com)

Frequently Asked Questions

1. Why are there small brass sleeves on the rings? Are these necessary?

The small brass sleeves are there to help stabilize the energy of the ring.

2. What is the difference in the sizes?

All of the energy rings produce a quantum field of light. The only difference is the amount of area each ring will affect. Along with the light produced by the ring itself, each ring also creates an aura field around it. If you place a large ring under your chair, for instance, you will feel the energy created by the ring up to 18-24 inches beyond the ring.

Each ring produces its own aura field and the larger the ring, the larger the aura field it creates.

3. How do I know what size I need?

Think about what you will be using the ring for and decide from the list above which size ring would most suit your needs. If you are uncertain about the effect an energy ring might have on you, start with a small or medium ring and get used to the energy of that size first before moving onto the large ring.

4. Can the rings be covered?

Yes, the energy rings can be covered and will still be effective. You can decorate them and hang them on a wall or a door. You can also cover them with plants, tables or rugs.

5. Can the Energy Ring be shared?

Yes. Although each person might have a different response or experience with a ring, the ring simply brings in light no matter who uses it and what it gets used for.

6. Can we share with people with negative or heavy energies?

Yes, especially with people with negative or heavy energies. The energy ring will help them but will not pick up any of their energy as the energy ring will help transform anything that is ready to be transformed.

7. Does the ring ever need to be cleared?

No, as the ring does all of the clearing without picking up any of the negative energy it is clearing. However, if you feel you would like to Clear your ring, you can place it in the sun for a few hours.

8. How does the Energy Ring work?

In each of Marie Diamond's systems, she teaches how to connect with the Quantum Point, located an arms-length above the head. At that point, we can create an initial connection with the Quantum Field.

The Inner Diamond program helps people connect more fully with this field and they are activated with the 24 Frequencies of Light which are available to us in the Quantum Field.

Both the size of the ring (based on cubits) and the copper material help hold the activations of the 24 Light Frequencies. Marie and only a few of her more advanced students have the ability to activate the rings with these light frequencies.

As someone uses the ring, they are surrounded by the 24 Light Frequencies and are easily able to connect with the Quantum Field of light.

9. Will the Energy Ring tarnish?

The Energy Rings have been treated with a protective coating that does slow down the process but over time, it will tarnish simply because it is 100% copper and copper does tarnish. It does not, however, lose its effectiveness as it tarnishes.

- 10. When we use the Energy Ring for 'sweeping' the energy from corners, do we need to sweep rooms like bathrooms, kitchens, laundry and garage? In Feng Shui we don't activate/cure those areas.**

When we clear the energy of a home, it works on a different level than curing or activating a space. The energy can and will collect anywhere in the home so it is important to include these rooms when 'sweeping' any density that has built up in the home.

- 11. When we place food and supplements inside the ring, can we place oils like cod liver oil, olive oil and raw nuts. Can these oils spoil from being inside of the ring?**

Nothing can spoil from being inside of the ring. The ring raises the vibration of everything placed inside of it and will actually transform any dense energy attached to it.

We suggest muscle testing whatever you place inside before you place it in the ring and then again afterwards. I think you will find the energy is more positive each time.

If something needs to remain refrigerated while it's being activated, place the food in the refrigerator as it is being activated.

- 12. My son sleeps with us in our king size bed. Does that mean I need to place three large energy rings on the head board for each person?**

Because each energy ring creates an aura field around it, you will only need one or two energy rings, depending on the size of the bed.

- 13. My wife is pregnant. Are the energy rings safe for her?**

Yes, the energy rings are very safe and very beneficial for both her and the baby. The baby will already be connecting with a high vibrational field while he/she is growing.

- 14. Do the energy rings open so I can place it around an object here if it is not possible to just place it on it? (i.e. water pipe, large plant, etc.)**

No, the rings cannot be opened. The twisting of the wire and the circumference of each ring is what creates the positive energy field and holds the activations.

15. In your home study course, you mentioned placing an energy ring on the shower head. If I place an energy ring where the water meter is inside my house, (the source of the water coming into the house) will it have the same effect for all the water being used on all water taps/shower heads? What size of energy ring do I have to place on the water pipe?

Yes, many people place a ring over or around the source of water coming into the home, as well as over the circuit breaker box or source of electricity coming into the home. This will shift the energy at its source.

16. Will the positive energy produced by the energy rings decrease over time?

The positive energy never decreases but anyone using the rings on a regular basis may begin to feel like it's decreasing. This is because the user's vibration will begin to match the vibration of the ring and it will not feel the same as it did in the beginning. We have created the Ascension Ring and Cosmic Ring to help people continue to elevate their vibration to higher and higher levels.

17. In your home study course, you placed an energy ring around a circuit breaker box. In my house, the electrical meter is located at a different position than the circuit breaker box.

The electrical meter is outside the house near my garage. If I place an energy ring on the opposite side of the wall of the electrical meter, is this enough so I do not have to place one around the circuit breaker box which is located further into the house? What size ring is best for this application?

The best place to place the ring is around the circuit breaker box. We use either the medium or large for this. When using the medium ring, simply muscle test to see where the ring is to be placed.

18. Is it okay if the energy rings get bent or out of shape?

Yes, it is ok if the rings become misshapen. It does not change the impact of the ring. They are very easy to reshape, however.

Marie Diamond Systems

Marie Diamond has studied the Laws of the Universe since she was 7 years old and has seen that Happiness and Wealth depends on 3 aspects.

You can attract happiness and wealth with your spirit and mind but if your home is not telling the universe the same, the universe cannot deliver.

Aspect #1: Your Heavenly Luck

Every human being born on this planet is not only living this one life. You are coming in with a bag of Heavenly Good and/or Bad Luck. These are simply actions, thoughts, and emotions you have created in a past life experience. This creates 1/3 of the Law of Attraction. What you have created in a past life experience will reflect in the life circumstances you were born into.

Aspect #2: Your Human Luck

Every human being has a physical, emotional, mental and spiritual experience and how to use your talents and skills to attract happiness and wealth, is 1/3 of your Law of Attraction. What you create through living your daily life as a human being will reflect in the life circumstances you are creating. Your attitudes and behaviors will determine what you do with your life.

Aspect #3: Your Earth Luck

Every human being lives in several environments: your home, your workspace, your community, your country, the earth. This creates 1/3 of your Law of Attraction. The positive or negative influence of these environments reflects on your life and work.

Marie Diamond has discovered that these 3 kinds of luck are totally interconnected and that the Law of attraction works on these 3 levels. It is called **“the Diamond System”**.

- Improve your destiny, and you will attract the fulfillment of your greatest dreams.
- Improve how you think, feel, and act, and you will improve your destiny.
- Improve your home, and you will think, feel, and act differently.

Marie Diamond has created 3 unique and powerful systems to help you change your Law of Attraction on your Heavenly, Human and your Earth Luck. These systems will help you transform the energy of your home, office and your energy field.

Inner Diamond (Transforming Your Heavenly and Human Luck)

The Inner Diamond Meditation Program helps you understand the energy laws of the Universe and how to use them to gain clarity, find inner wisdom and align with what your soul is here to do.

Each level of the program will prepare you to be an enlightened leader, help you to become a master of your life and create a positive impact in the world.

Throughout each of the levels of the Inner Diamond program (basic, advanced, mastery and quantum), you will gain information and tools that will help you release deeply held past life memories and you will open to an expanded connection with the Universe.

Diamond Feng Shui (Transforming your Earth Luck)

The term Feng Shui means wind and water. Ancient Chinese scholars discovered that wind and water affect our environment and wellbeing. When we understand how they affect us, we use Feng Shui activations and cures to help us enhance the good and cure the not so good. It can be compared to aligning ourselves with the flow and having the wind at our back.

Diamond Dowsing (Transforming your Earth Luck)

The Diamond Dowsing program teaches you how to use dowsing rods to find and cure negative vibrations in your environment. You will also learn what these vibrations or stress lines are, where they originate and more importantly, how to cure them.

The program includes information about the history of dowsing and how it has been used for thousands of years by other cultures. You will also understand how to detect the brainwaves of your home and how the energy field of your home is affecting you and your family.

Through the technique of dowsing, you will easily be able to change the brainwaves of your home and it will support you and everyone in the home.

ABOUT THE AUTHORS

Marie Diamond



Marie Diamond is a globally renowned Transformational Leader, Speaker and Author —featured in the worldwide phenomenon “The Secret” and several other motivational documentaries and in TV shows in several continents. She uses her extraordinary knowledge of Energy, Quantum physics, the Law of Attraction, and ancient Wisdom like Meditation, Feng Shui and Dowsing to support individuals, organizations and corporations to transform their success, financial situation, relationships, motivation and inspiration.

Her clients include billionaires, multi millionaires, A-list celebrities in film and music (like Steven Spielberg, Rolling Stones, Paula Abdul, Dan Acroyd) top selling writers (like Rhonda Byrne, Jack Canfield, Bob Proctor, John Gray, Marianne Williamson), top athletes and sportsmen in Basket, Soccer, Golf, leaders from Fortune 500 companies (like BPAmoco, Exxon Mobil), top global MLM companies (like Lyoness, WorldVentures, Nikken, Herbalife) and governmental leaders and organizations (like in Belgium, Kazakhstan, Russia, Iceland, USA, Canada, Mexico).

She is a founding member of the only Global Transformational Leadership council, bringing the top 100 Transformational Trainers, Speakers and Authors together for the last 10 years. She also founded and presides over the European Chapter called ATL Europe. She is known for her passion to help create Transformational leaders around the world and is the Executive mentor and Energy Advisor for them. The internationally acclaimed author, teacher, consultant, and motivational speaker brings her wisdom and counsel to a wide

audience through her seminars, personal appearances on TV and radio, Tele-classes, coaching, (E) books, online courses and home study courses and other products.

Born in Belgium, and after living in California in the United States, she is now residing at the French Riviera near Monaco. She travels extensively between several continents to connect with her students and clients in more than 200 countries. Marie Diamond was a successful corporate lawyer in Europe before shifting her focus to the Personal development and the Human Potential movement. Also her safety management skills (Belgian degree of Safety and Well Being) are sought by multinational corporations like BP-Amoco, Exxon-Mobil, and Total Fina, whose productivity and safety records improved dramatically after implementing her recommendations.

She has established a world-class reputation for transforming businesses and entrepreneurs, their branding and marketing with her unique expertise and skills. She will share how you can employ Energy and Feng Shui principles to establish the perfect vibrational pitch that will draw in your ideal client or customer. Marie Diamond consulted with her Energetic Branding Top managers, CEO's, Politicians, Celebrities, Authors, Speakers, and Sportsmen to expand their branding and their message in the Global Market Place.

To learn more about Marie Diamond and her Diamond Energy Systems, visit:

www.MarieDiamond.com

[LinkedIn: MarieDiamond](#)

[Facebook: Marie Diamond 8888](#)

[Twitter: MarieDiamond888](#)

Annette Rugolo



Annette Rugolo is an international speaker, teacher and consultant for clients and students in North America, Europe, Australia and Asia.

Annette started teaching transformational seminars in 1999 and began her teaching career with Marie Diamond Global in 2002 and currently teaches the Inner Diamond Meditation and Diamond Dowsing Methods. She is currently a Master Instructor for Marie Diamond Global and has personally trained students in over 20 countries.

Annette held the position of Vice President of Marie Diamond Global from 2007-2012. Annette's business relationship with Marie Diamond Global continues as the North American Coordinator for the Diamond Dowsing Teachers and as the exclusive licensed proprietor of Marie Diamond Dowsing and Marie Diamond Essences websites.

Annette's experience in the business community includes almost 20 years of holding management positions in several industries.

Annette is CEO and President of her own company, Conscious Life Resources, created to bring conscious resources to help mothers and grandmothers understand and support their children at a soul level. Her e-book, *8 Practical Steps to Conscious Mothering*, was created to this end.

Her company is located in Minneapolis, Minnesota, USA.

With Marie Diamond as her mentor, she has studied the transformation methods taught in her programs since 2002 and has mastered many aspects of the Universal transformational principles. Annette's company is the Global distributor of the Marie Diamond Dowsing Products and the Transformation Essences. She is one of Marie Diamond's certified teachers, one of a few who teach the advanced Diamond Dowsing and Inner Diamond seminars.

For more about Annette, visit:

Website: www.annetterugolo.com

Instagram: <https://www.instagram.com/annetterugolo/>

For more information about the Energy Rings, visit:

www.MarieDiamond.com

or

www.AnnetteRugolo.com

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